

Always follow the Country Code	Cheviots Challenge Kit List Please read entry details before completing.	For Official Use: Entry Number <input type="text"/>	
Cheviots Challenge 2009			
		Please tick boxes below: <input checked="" type="checkbox"/>	
	YES	NO	
1. Strong footwear. Either walking boots or fell running shoes designed for such an event.	<input type="checkbox"/>	<input type="checkbox"/>	
2. An Exposure (bivvi) bag.	<input type="checkbox"/>	<input type="checkbox"/>	
3. Waterproof jacket and trousers.	<input type="checkbox"/>	<input type="checkbox"/>	
4. Reserve food -eg dried fruit, chocolate, mint cake, glucose tablets	<input type="checkbox"/>	<input type="checkbox"/>	
5. Spare sweater or similar garment.	<input type="checkbox"/>	<input type="checkbox"/>	
6. A functioning torch. Six flashes a minute in an emergency	<input type="checkbox"/>	<input type="checkbox"/>	
7. A whistle. Six blasts a minute in an emergency	<input type="checkbox"/>	<input type="checkbox"/>	
8*. A simple first aid kit - including a crepe bandage and adhesive dressings.	<input type="checkbox"/>	<input type="checkbox"/>	
9*. A compass - Silva or similar make.	<input type="checkbox"/>	<input type="checkbox"/>	
10*. The relevant maps Scale 1:50000 or 1:25000. See entry details.	<input type="checkbox"/>	<input type="checkbox"/>	
11. Mobile phone number. <input type="text"/>			
* Persons travelling in groups may share these items on the understanding that the group will not split up.			
Signed		Dated	
Print Name			

